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Pride Month in Tantramar

Celebrate Pride Month in Tantramar!

June is Pride Month and we've planned a full calendar of events to honour our LGBTQ2S+ neighbours, friends and families. Join us to learn, connect or simply enjoy the fun!



Pride Month Activities

JUNE 4TH

TIE DYE IN THE PARK WITH LIVE MUSIC

BILL JOHNSTONE MEMORIAL PARK

3:00PM TO 5:00PM

Bring your white items to the park and create a colourful master piece. Tie Dye will be provided!

Don't have anything to Tie Dye? We will have pillowcase while supplies last!





JUNE 13TH

COLOUR RUN, WALK & WHEEL

BILL JOHNSTONE MEMORIAL PARK

STARTING @ 4:00PM

Join us for a 1KM fun run, walk and wheel! Prepare to be a colourful mess as you're splashed with colourful chalk and water throughout the course.

NO REGISTRATION NECESSCARY!











Police Week in Tantramar

Police Week in Tantramar was a huge success!

Local RCMP officers spent the week visiting daycares, chatting with kids throughout the community, and leading safety talks for Kindergarten and Grade 1 students in Dorchester. They even joined Career Day at

Dorchester School, inspiring future officers with real-life stories.









We wrapped up with a community BBQ at the Sackville detachment, where families met local police and firefighters, and kids conquered our bike rodeo course.

Thank you to everyone who joined in and made Police Week in Tantramar so special!

Important Upcoming Dates

Sackville Art Fair

June 7-8, 2025 - 1:30 PM

The Sackville Art Fair is a free 2-day event featuring some of the best artists in the Maritimes!

Spring Walking/Hiking Series

Sunday, June 8, 2025 - 1:30 PM

Jeff White, Chignecto Naturalist Club president and avid naturalist, will lead a guided walk in the Fort Beausejour area.

Regular Council Meeting

Tuesday, June 10, 2025 - 5:00 PM - 7:00 PM Municipal Office, Council Chambers 31c Main Street, Sackville, NB

65th Anniversary Open House - Dorchester Memorial Public Library

Tuesday, June 10, 2025 – 7:00 PM Dorchester Memorial Public Library 3516 Cape Road, Dorchester, NB

National Indigenous Peoples Day

Saturday, June 21, 2025 - 11:00 AM - 1:00 PM

Fort Folly First Nation

Enjoy ceremonies, guided walks, a sacred fire, cake, and more as we honour Mi'kmaq heritage and build community. All are welcome!

Committee of the Whole Council Meeting

Monday, June 23, 2025 - 3:00 PM Municipal Office, Council Chambers 31c Main Street, Sackville, NB

Dates and meetings are changing frequently.

Please visit the Community Events Calendar for the latest updates.

Municipal News

Important Changes to Waste Pickup in Tantramar!

All waste collection in Tantramar is now happenning on Mondays only.

Alternating Weeks for bags – continue current practice:

- Blue Bags Every second week.
- Clear Bags Alternates with Blue Bag weeks and can place a bulky item (see below).
- Green Bags (Organics): Collected every week.

If you miss your collection day, there will be no pickups Tuesday through Friday, so plan ahead!

Bulky Item Collection

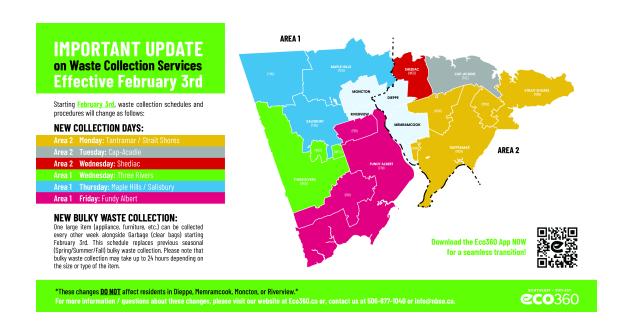
No more spring and fall clean-ups. Instead, you can now place 1 bulky item out for pickup on CLEAR BAG collection weeks.

What's allowed: Same rules as previous bulk clean-ups.

For a full sorting guide, visit **Eco360**.

If you have any issues with your waste collection or questions, please contact (506) 877-1040 or info@nbse.ca or check their website https://bit.ly/3DUjanl

You can also download the Eco360 app for a seamless transition!



Rabies Out, Bandanas In

Free bandanas for all 2025registered pups!

Starting June 3, stop by Municipal Office, 31C Main Street in Sackville to

pick up a free dog bandana for each tagged dog.

Why register?

- Rabies shots only last three years.
 Keep your dog protected!
- Microchipped dog's will receive a discount!
- Show off your dog's new look! Post a photo and tag @tantramarnb.



Not registered yet? Visit the front desk at Municipal Office and we'll help you get tagged.

Already registered? Just drop into Municipal Office and visit the front desk for your free bandana.

Let's boost registrations, protect our furry friends, and add a splash of color across town! Rabies out. Bandanas in!

Support the Tantramar Fire Service with the 50/50 Raffle!



Active Living and Culture

Mount Allison Gymnasium Pickleball

Tuesdays & Thursdays
9:00 AM-12:00 PM
Fridays
1:00 PM-3:00 PM
(\$2 drop in fee)

Evening Pickleball - Salem School

Salem School
Monday and Wednesdays
8:00 PM-10:00 PM
Free

Dorchester Rec Nights

Dorchester Consolidated School

Mondays - Pickleball and Badminton
5:30 PM-6:30 PM

Tuesdays - Basketball
5:30 PM-6:30 PM

Thursdays - Pickleball
5:30 PM-6:30 PM

For full details or to register for any of the above programs, please visit tantramarnb.com/programs.

For other community recreational opportunities in Tantramar, please visit tantramarnb.com/calendar

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The Sackville Art Fair is back for another year of great art!

There will be some demonstrations going on at booths throughout the weekend as well as lots of art to buy. Workshops will be happening throughout the weekend, guided by very talented artists.

Sign up for a workshop here.



Summer Program Registration Opens June 4

Registration for all summer programs opens on June 4! This includes kids'



camps and programs, senior and adult programs, family events, bus trips, and more. There's something for everyone happening across Tantramar this summer, and spots fill up fast, so be sure to register early to avoid missing out.

Registration is done through Eventbrite, and you can find the full program list and registration link at www.TantramarNB.com/programs.

ParticipACTION Community Challenge

We need YOU to help Tantramar win Canada's Most Active Community!
This June, the Municipality of Tantramar is taking part in the ParticipACTION Community
Challenge, and every bit of movement makes a difference.
Residents can participate by signing up as an individual or group at



Summer Activities & Events Brochure – Available Online Now

The 2025 Summer Activities & Events Brochure is now available online and it's your go-to guide for everything happening in Tantramar this summer! This easy-to-read PDF is packed with details about programs, events, camps, community celebrations, and more.

Check it out now at www.TantramarNB.com/programs.

Equipment Loan Program – Opening June 30

The popular Equipment Loan
Program is back for the summer,
starting June 30th! Running Monday
through Saturday from 8:00 AM –
8:00 PM at the Bill Johnstone
Memorial Park Activity Centre, this
program offers free access to a wide
variety of sports and recreation
equipment.

All items are available at no cost and must be signed out and returned the same day. Equipment includes basketballs, frisbees, disc golf discs, hula hoops, skipping ropes, soccer balls, tennis and pickleball gear, and much more.



Join us on Saturday, June 21 at Fort Folly First Nation as we celebrate National Indigenous Peoples Day.

You'll have the opportunity to take part in a series of educational

National Indigenous Peoples Day



21 June

11:00am - 1:00pm

Fort Folly First Nation



Join us @ Fort Folly for:

- Various educational ceremonies
- Guided walks
- A sacred fire
- Cake
- and more!

ceremonies, join guided walks through the community's beautiful lands, gather around a sacred fire, and enjoy celebratory cake—all while learning about and honouring the rich history and living cultures of the Mi'kmaq people.

Celebrate Canada Day with a free, drop-in pickleball session on July 1st from 9:00 AM - 12:00 PM at the Bill Johnstone Memorial Park courts!

This beginner-friendly event is open to players 16 and up—no experience required. Just wear sneakers and eye protection; paddles will be provided. Join us for a fun, fast-growing sport and make your holiday extra active!



Our seniors' walking group is back for the summer! Whether you like a brisk pace or a leisurely stroll, we'd love for you to join us.

First half of summer: Walk the rail bed, meeting at the Church by the Lake Second half of summer: Explore the trails of Waterfowl Park

Come stay active, make new friends, and enjoy the outdoors together. To



register, email j.wilson@tantramarnb.com or call 506-364-4958. See you on the trail!

Jeff White, Chignecto Naturalist Club president and avid naturalist,

will lead a guided walk in the Fort Beausejour area. Meet in the Fort parking area for 1:30 PM to get organized and introduced and started.

This low impact hike will be about 5 kms on dirt roads and old trails, some growing up with shrubs. Be ready for any weather (including wind!), for biting bugs, for scraping through

alders, and for hills, puddles and some wet and uneven ground.

Meet in the main Fort Beausejour parking lot at 1:30pm.





Old Fashioned Friday Night Cruise – June 27

Cruise into summer with a community favourite! The Old Fashioned Friday Night Cruise is rolling back into Tantramar on June 27 from 6:00 PM – 9:00 PM. Main Street will be closed from York Street to Wellington Street to showcase dozens of classic cars.

Enjoy live music by Gerry LeBlanc, grab a bite at the charity BBQ hosted by the Tantramar Scouts, and soak in the nostalgia at Bill Johnstone Memorial Park.

Council Updates

Council Highlights - Committee of the Whole, May 26, 2025

Council Highlights provide a brief overview of the recent Committee of the Whole meeting. For complete details, refer to the official minutes following the June 10, 2025, Regular Council Meeting.

As no decisions are made during Committee of the Whole meetings, these discussions help shape future Council actions and advance our community.

Council Package

Presentations & Information Items

Poet Laureate Report: Laura Watson reviewed her three-year term as Tantramar's Poet Laureate, highlighting community workshops, school readings, and her plan for the year ahead. Council will consider her reappointment at the June 10

meeting.

2024 Audit Presentation: Andrew Boudreau (Baker Tilly GMA LLP) presented Tantramar's 2024 audit. Council will review and potentially approve the audit at the June meeting.

Council Discussions & Directions

The following items were discussed and forwarded to the consent agenda for the June 10 Regular Council Meeting.

Zoning Text Amendment (Minimum Lot Size & Frontage)

PLAN 360 (Jenna Stewart) presented proposed changes to the Sackville Zoning By-Law, reducing minimum outside lot size and frontage for vertically attached dwelling units. Council will consider a motion at the next regular council meeting to proceed with public engagement.

Little League Storage Shed

A proposal for a new storage shed at the Sackville Little League field was reviewed.

Pole Banner Policy

Draft guidelines for pole banners across Tantramar—covering placement, design, and permitting—were discussed.

Tantramar Veterans Memorial Civic Centre Banner Policy

Proposed rules for banners and signage at the Tantramar Veterans Memorial Civic Centre were reviewed.

Poet Laureate Reappointment

Following Laura Watson's report, Council forwarded her reappointment request to the June 10 regular council meeting consent agenda.

Bee City Designation

Jamie Ferguson introduced the Bee City initiative, which encourages municipalities to adopt pollinator-friendly practices. As a Bee City, Tantramar would join a network of communities committed to protecting pollinators (bees,

butterflies, hummingbirds) that are essential to our local food supply and natural ecosystems.

Stay Updated: Join us for the next Regular Council Meeting on June 10, 2025, at 7:00 PM in person or <u>via livestream on our YouTube Channel</u> to stay engaged with municipal progress and decisions.

Missed the last Council Meeting? Catch up here! Don't forget to subscribe to our YouTube Channel for live streams and updates.

Tantramar Heritage Trust Moment



DID YOU KNOW?

Did you know that electric

The Tantramar Heritage Trust is pleased to announce the official opening of the Campbell Carriage Factory Museum for the summer will take place on Sunday, June 15 from 10:00 AM – 5:00 PM. Throughout the day there will be blacksmithing demonstrations, children's games and activities, a barbecue, and tours. From this date until August 31, both the Boultenhouse Heritage Centre and Campbell Carriage Factory Museum will be open Wednesdays through Sundays from 10:00 AM – 5:00 PM For more information, contact the Trust at tantramarheritage@gmail.com or 506–536–2541.

Rural Health Action Group Update



The following is a summary of updates arising from the May 22, 2025 meeting of the Rural Health Action Group's (RHAG) steering committee.

- a. The Drew Nursing Home continues to recruit for a Nurse Practitioner, and the Westford Nursing Home is seeking a Registered Nurse to replace someone who is retiring next month. The Drew would also like the public to know they have two relief care beds available.
- b. RHAG's Communications Committee is developing a social media campaign to attract physicians and other health care professionals to the Tantramar and Strait Shores region. Content will be collected over the summer for a fall campaign targeted at college and university students enrolled in medical programs. They are seeking \$11,000 to fund this grass-roots campaign that involves video input from community members.
- c. Strait Shores Age Friendly Action Committee is hosting two Town Hall Meetings to talk about transporation solutions for the community, and celebrate the committee's one-year anniversary. The first meeting is Wednesday, June 4, 6-8 pm, at the Cape Tormentine Legion; the second is Tuesday, June 17, 6-8 pm, at the Baie Verte Hall. Guest speakers are Marc Landry from the Southeast Regional Service Commission, and Kelly Taylor from Urban Rural Rides. Everyone is welcome.
- d. The Sackville Memorial Hospital Foundation is more than half-way to its goal of raising \$150,000 to purchase equipment for the Tantramar Primary Health Care Centre. The Collaborative Care is Coming campaign also supports the Port Elgin and Region Health Centre.
- e. At the recent Update on Healthcare public meeting hosted by MLA Megan Mitton, it was noted that many local citizens without access to primary care are still not aware of how to access alternative services, or ensure they eventually get a provider. RHAG should remind the people who do not yet have access to primary care to call NB Health Link at 1-833-354-2300 to make sure their names are on their list. This is to ensure they are included among the local citizens that Horizon has promised primary care services for by April 2026.

The next RHAG Steering Committee meeting will be June 19, 2025, at 4 pm.

Rural Health Action Group, a volunteer group focused on improving the determinants of health in southeast New Brunswick, steered by key stakeholders:

- Municipalities of Tantramar and Strait Shores
- Mount Allison University and Student Union
- Health Care Foundations
- Nursing Homes
- · Retired Health Professionals
- · Community Organizations
- Concerned Citizens

Community Submissions

Canadian Dental Care Plan



The Canadian Dental Care Plan (CDCP) is here to help make dental care more accessible and affordable.

Poet Laureate - Laura Katherine Watson

Eulogy of Floorboards

Today, a backhoe broke down our old house where we used to live on the third floor. Ate it like a snack. Flattened it like a spider. The developer does not use every part of the animal, did not save any pieces for later. I have written this poem before. It starts with craftsmanship. It starts with labour. It starts with a century or more of breakfasts and arguments, of old friends and young lovers, of house cats and cutlery and weeds growing in the gutters. How many eulogies can I write for the places profit has eaten?

There used to be a house here, an old house full of corners that the lives we lived got caught in, leaving behind fibres, like socks snagged on an ancient wood floor. Do you remember?



Bagtown Brewing Company



Mount Allison University

Mountie Girls Basketball Summer Camp – Elevate Your Game This Summer!

Dates: July 21 – 25, 2025

Location: Mount Allison University Athletics Centre, 50 York Street, Sackville, NB

Ages: Girls entering Grades 7–12

Cost: \$350.00 incl tax

Limited to 35 participants – secure your spot today!

Train. Compete. Grow.

Join us at the Mount Allison Athletics Basketball Summer Camp, where rising basketball players take their skills to the next level. Whether you're preparing for your school team or just love the game, this dynamic and engaging camp is the perfect way to stay active, learn new techniques, and play hard all summer long! Led by expert coaches and varsity athletes, this camp delivers high-impact training in a fun, supportive environment.

Camp Highlights:

- Daily training sessions focusing on shooting, ball-handling, defense, and court awareness
- Competitive games and scrimmages to put your skills into action
- Strength, speed, and agility workouts tailored to young athletes
- 3 x 3 tournament to wrap up the week
- Team building and leadership development activities
- Prizes and exclusive camp swag!

Why Choose Us?

- Top-tier facilities at the Mount Allison Athletics Centre, including air conditioning
- Personalized coaching with a low camper-to-coach ratio

- A fun, inclusive environment where players thrive
- Great preparation for school and club basketball seasons

What to Bring:

- Indoor court shoes & athletic gear
- Water bottle, snacks
- A great attitude and love for the game!

Time: 9:00 AM - 4:00 PM

Register Now

Mounties Youth Basketball Camp - Compete, Grow, Have Fun!

- Dates: Monday to Friday, August 11-15, 2025
- (2) Time: 900 am 400 pm daily; drop-off starts at 830 am, pickup by 415 pm
- T Location: Mount Allison University Athletics Centre, 50 York St., Sackville, NB
- Ages: 7-13 years old, boys & girls (co-ed)
- \$ Cost: \$350.00 (taxes in) LUNCH INCLUDED!
- ♦ Only 40 spots available Secure your spot today!



Hosted by Mounties Men's Basketball & Coach Webber!



🕎 Camp Highlights

- Activities tailored to young, developing athletes, including 2 age divisions
- · Daily sessions on footwork, shooting, ballhandling, defense, court awareness, & more!
- Competitive games and scrimmages, including a 3x3 tournament & 3pt contest!
- Team-building and leadership-development games, activities, & lessons!
- · Special guest speakers, prizes, and exclusive camp swag!

Why Choose Us?

- · Top-tier facilities at the Mount Allison Athletics Centre
- Personalized coaching with age-appropriate, beginner-friendly training
- · A fun, inclusive environment where all players can thrive
- · Great preparation for school and club basketball seasons
- · Lunches will be provided!

What to Bring

- Indoor court shoes & athletic gear (shorts, t-shirt)
- Water bottle & snacks (lunch is provided)
- · A great attitude and love for the game!
- # Only 40 spots available Don't miss your chance to train like a Mountie this summer!
- Click here to register on Eventbrite!



In support of our Men's Basketball Program

MCCORMACK GYMNASIUM, MOUNT ALLISON UNIVERSITY I Sackville, NB

Freshwinds Eco-Village





Tantramar Adult Learning Centre - Adult Upgrading and CAEC Preparation



Reading, Writing, Mathematics, Social Studies, and Science

New Students welcome – start any time! Study with the help of a teacher at your own pace and schedule.

For further information:

Call: (506) 857-9912

Email: info@education-se.ca

The Sackville Farmers Market

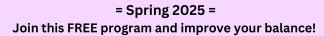
The Sackville Farmers Market is now at Bill Johnstone Mem! Find all your local groceries and goodies at the Market's outdoor location, the Bill Johnstone Memorial Park (70 Main Street, in Sackville New Brunswick) from May 3rd – October 25th, 9am–12pm, rain or shine.

Chipmunks



Zoomers in Balance







WHERE: Dorchester- Veterans Community Hall
WHEN: Tuesdays and Thursdays
4:30 - 5:30 PM
from April 15th until July 3rd, 2025.



Benefits:

- · Participate in a free exercise class.
- · Meet peers in your community.
- · Learn how to improve your balance and reduce the risk of falls!

You are eligible if you:

- · Are 50 years of age or older.
- · Can exercise with minimal supervision.
- · Can commit to an exercise program for 12 weeks, up to 3x/week.

REGISTER HERE

https://forms.gle/D8iVLCczAjeoeE2Q9

Website:

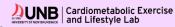
Email:

www.zoomersinfo.ca

contact@zoomersinfo.ca







EOS Eco-Energy

Trauma NB

Home Flood Protection
Assessment



EOS is looking forward to offering additional free home flood protection assessments to homeowners across southeastern New Brunswick! Sign up today for an appointment with EOS staff to survey the outside and basement of your household to identify tangible flood mitigation strategies. This assessment is completely confidential, information is only shared with you and EOS staff. To all participants, \$100 rebate will be offered (while funds are available) to contribute to home flood mitigation actions following the report. To schedule your appointment, follow this link.

Schedule your appointment today!

Want some ideas for inspiring community resilience to climate change? Check out the full document here.



A public event will be held on Thursday, June 12, in Sackville, NB, at the Tantramar Civic Center from 5:30 pm to 7:30 pm, with servings of traditional Mi'kmaq cuisine, and door prizes shall be given out to attendees. Open to all and fully bilingual, this gathering will spark discussions around salt marsh restoration, conservation, and education, while driving home the importance of community action.

The Siknuktuk Climate Adaptation Project is a collaborative initiative between Environment and Climate Change Canada, Nature Conservancy of Canada, Nature NB, CB Wetlands & Environmental Specialists, Joggins



Fossil Institute, and EOS Eco-Energy Sackville.

To attend the June 12th event, please <u>RSVP by completing this form</u>.

Shinerama Pickleball Tournament



Fort Folly First Nation - Toy Bingo



Tintamarre Community Concert Band



7:30 pm Thursday June 12, 2025

Brunton Auditorium Mount Allison University



Tantramar Community Association



Sackville Public Library



Dorchester Public Library

Shiretown Festival Used Book Sale

Come out to the Dorchester Public Library to help raise funds for the purchase of new items for the library's collection!

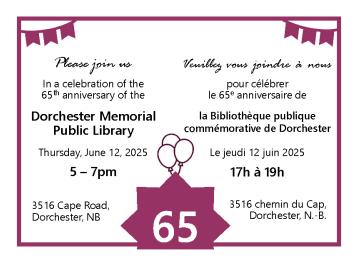
Used books and puzzles will be "pay what you will."

When: June 26-28 during regular library hours

Shiretown Days Silent Cake Auction!

A silent cake auction to benefit the Dorchester Memorial Public Library will be held by the **Village Square Takeout** (1 Woodlawn Road, Dorchester) on **Saturday, June 28th**. Bidding opens at **1 p.m.** and ends at **3 p.m.** All cakes must be paid for and picked up by 4 p.m. If you are donating a cake, please deliver it to Debbie Shea at the Takeout by **noon** on Saturday.

The Dorchester Memorial Public Library is celebrating sixty-five years as part of the AWK Region and the New Brunswick Public Library Service! Please join us at our celebratory open house, Thursday June 12th, 2025 5–7 p.m., at 3516 Cape Road, Dorchester, NB.



Food Security Action Group serving Tantramar & Strait Shores



TANTRAMAR - STRAIT SHORES COMMUNITY FOODSMART

\$15 per produce bag for a \$30

2nd Thursday of the month!

value

Pick-ups in Sackville, Dorchester &

Port Elgin

Open to everyone!!

For more information/to register, email: tsscommunityfoodsmart@gmail.com



DORCHESTER

2nd & 4th Tues 9am-2pm

11 School St.

506-379-6232

2x/month

SACKVILLE

5 Willow Lane 2x/month Tues 6:30-7:30pm, Wed 9-11am

506-536-4164; https://sackvillefoodbank.ca/

oodbank.ca/

12 Church St.
2x/month
Wed - Fri 10am-3pm by appt.
506-538-7638; https://www.pedvac.org

(If unsure, call to find the foodbank serving your community)



Sackville Food Bank Update

The Sackville Food Bank served over 330 households last month—one of the organization's highest numbers yet. The team has seen more new faces than ever and is incredibly grateful to the community for stepping up with food donations, volunteer hours, and ongoing support.

As summer approaches, many local children who rely on school meal programs will face increased food insecurity. To help fill that gap, the Sackville Food Bank is collecting kid-friendly non-perishables, such as granola bars, applesauce, and

juice boxes, to ensure children have access to nutritious snacks even when school is out.

The Sackville Food Bank team hosts a stand at the Sackville Farmers Market in Bill Johnstone Memorial Park every Saturday morning from 9:00am to 12:00pm, where volunteers speak with the public about the work they do and answer any questions.

The Sackville Food Bank is open Tuesday evenings from 6:00pm to 7:30pm and Wednesday mornings from 9:00am to 11:00am, They are located at 9B Willow Lane in Sackville, New Brunswick.

Learn more or get involved at sackvillefoodbank.ca.

Follow on Instagram (@sackvillefoodbank) and Facebook (Sackville Food Bank) for updates. Reach out directly by emailing contact@sackvillefoodbank.ca or calling 506-536-4164.

The Sackville Food Bank thanks all supporters for contributing to their mission of improving the well-being of the greater Sackville community through the distribution of healthy food, education, and advocacy.

Food Bank Needs:

Things for kids' lunches – granola bars, cups of fruit, jam, cheese & cracker packages, etc.Cereal

Crackers, Cookies

Pancake mix & syrup

Baking needs (flour, sugar, shortening, baking powder, salt, etc.)Canned & fresh fruit, canned vegetables

Canned tuna & meats

Cans of baked beans

Cans of soup (esp. tomato)

Pasta meals (KD), Rice meals
Spaghetti sauce & canned tomatoes
Instant coffee, regular coffee, & tea
Children's diapers (all sizes from newborn to pull-ups), Baby Wipes, Toilet paper
& facial tissueSanitary products
Dish & laundry detergents
Deodorant, shampoo, toothpaste & toothbrushes

Tantramar Regional High School



Turn Back Time - 50th Reunion Celebration

Tantramar Regional High School reunion for the <u>Class of 1975</u> and inviting the classes of 1974 and 1976.

Saturday, June 21st at the Painted Pony Bar and Grill,
Sackville, NB at 6:00 p.m.

Everyone pays for their own dinner and drinks.

Come join us for great food, music, dancing and reconnecting.

For more information contact Alma Tower 992-488-7290 (email <u>almatower@gmail.com</u>) or Sheila Parker 506-536-1867 (email <u>parkergs@eastlink.ca</u>)

MASSIE - Mount Allison University



Festival by the Marsh



211 NB: Available to Help when Crisis Support is Needed

A 211 Service Navigator answered a call from a young adult male from Moncton. He explained that he was going to be admitted to detoxification the next morning, but he felt he needed to talk to a counsellor right away about his emotions. The Service Navigator performed a risk assessment – the caller was not in imminent danger of harming himself, but did need help as soon as possible.



The caller requested the phone numbers of 24-hour helplines in the province. The Service Navigator referred him to three helplines: Chimo Helpline (which was still open on the date of the call), 9–8–8 and the Mental Health and Addiction Services Helpline. The roles of the different helplines were explained. The caller wrote down the resources' phone numbers and thanked the Service Navigator for the help she had provided. She asked him if he needed any other services, and he said that he did not. She encouraged him to call 211 again if he needed more help.

When you're not sure where to turn to find the help that you need, remember that Help Starts Here at 211. Dial 211 anytime, or visit <u>nb.211.ca</u> to find out more information about all of social supports available in your community.

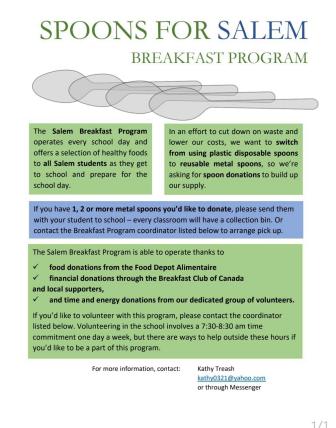
Horizon Health Network



Wysmykal Farm

Wysmykal Farm will be selling organic vegetables at the Sackville Farmers Market on Saturday mornings. They will have an increasing variety of spring greens through this month. Wysmykal Farm offers online ordering and home delivery of vegetables in the Tantramar area. https://wysmykalfarm.ca

Salem Breakfast Program



The Salem School Breakfast Program is looking for volunteers! Parents, grandparents, community members...if you'd like to spend a little time one morning a week greeting the students of Salem Elementary School and helping to provide them with a healthy start to their day, we'd love to have you as a part of our volunteer team. We offer a variety of food choices to all the students of Salem School on every school morning, to ensure no students are starting their learning day hungry. The commitment for volunteers is approximately 7:15–8:30am on your chosen weekday. If this sounds like something you would be interested in, please email Kathy Treash at kathy0321@yahoo.com



7:30 pm Thursday June 12, 2025

Brunton Auditorium Mount Allison University



Operation Creation Day Camp

Join us for Operation Creation — a free day camp at The Church by the Lake! Spend the week exploring the amazing natural world around us through fun activities in partnership with local organizations.



Grades: K-6 (Entering in Fall 2025) **When**: June 30th – July 4th from

8:30am-5:00pm

Where: The Church by the Lake, 14

Church Street, Sackville

Pre-register for this free program online starting June

4th:www.churchbythelake.ca

Daybreak Centre

Daybreak offers social, recreational, cultural and mental health-related activities for adults in Tantramar.

In June there is:

- Fitness Tuesday through Friday at 10:30 am
- Lighter fitness at the Drew Tuesdays at 10:30 am
- Parking lot BBQ June 25 at noon and much more!

Look for the monthly Daybreak activity calendar at www.daybreaksackvillenb.com All are welcome! Volunteers are needed too!

For more information contact <u>daybreaksackville@gmail.com</u> or (506) 536-7475

Westmorland History Society

The Keillor House Museum and St. James Textile Museum is opening for the season June 14th from 2:00 PM – 4:00 PM. Opening remarks followed by refreshments and free admission to the museums.

Address: 4974 Main St Dorchester

Upcoming Municipal Office Meetings

Regular Council Meeting: Tuesday, June 10, 2025 @ 7:00 PM Committee of the Whole Meeting: Monday, June 23, 2025 @ 3:00 PM











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